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Milton Village View

Issue No. 125 – November 2016

In This Issue...

- 25 years of Village View
- New Pavilion For Hire
- Park & Ride Changes
- Need a Helping Hand?

And much more!

Photo: Fiona McMillan

Contact Us

Send us your news and photos:

mvv@milton.org.uk

1 Knights Way, Milton, CB24 6DE

Deadlines for articles are:

12th January

12th March

12th May

1st September

1st November

Issues will be published approx.
2 weeks after the dates above.

Online Archive

Find back copies of Village View
(back to April 2011) on our website:

www.mvv.org.uk

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November

- Sat 26th** MOBC **Music & Comedy Evening**, Community Centre, 7:30pm
Sun 27th **Christingle**, All Saints' Church, 4pm



December

- Sun 4th** **Christmas Songs & Play**, New Apostolic Church, High Street, 10:30am
Sun 4th **National Tree Dressing Week**, Country Park Orchard, 10:30am
Craft & refreshments for donations. Open to all.
Mon 5th **Create for Christmas**, £7, All Saints' Church, 7pm
Make your own Christmas crafts, with mulled wine & mince pies
Tues 6th **Milton Local History Quiz**, £2, Community Centre Lounge, 7:30pm
7th-9th **Winter Open Studios**, 6 Cambridge Road, 6-9pm (p.4)
Fri 9th **Carols Round the Tree**, Lion & Lamb, 7pm
Sat 10th **Enchanted Days** Christmas workshops, Country Park, 10am-2pm
Narnia and Santa come to the Wild Place, for ages 2-10, £10
Christmas Fayre, Phoenix Trust, Cambridge Road, 10:30am-2:30pm (p.2)
Sun 11th **Messy Christmas**, All Saints' Church, 3:30pm
Tues 13th **EACH Carol Service**, All Saints' Church, 7pm
Evening with Terry Waite, Emmaus, 7pm
Readings & reflections, £20, including signed book & supper
Fri 16th **Carols Round the Village**, finishing at The White Horse around 8pm
Mon 19th **Carols by Candlelight**, All Saints' Church, 7:45pm
Sat 24th **Farmer Tom's Christmas Eve Special**, £2.50, CWA, 10am-1pm
Family Crib Service, All Saints' Church, 4pm
Midnight Holy Communion, All Saints' Church, 11:30pm
Sun 25th **Holy Communion**, All Saints' Church, 8am
Christmas Celebration with Holy Communion, All Saints' Church, 10:30am
Christmas Service, Landbeach & Milton Baptist Church, 10:30am
Christmas Day Service, New Apostolic Church, High Street, 11am



January

- Sun 8th** **Epiphany Evensong** with the Wren Choir, All Saints' Church, 3:30pm
Sat 14th **New Year Farmer Tom's**, £2.50, CWA, 10am-1pm

Events

Winter Open Studio



Following a very successful show last year, three local designers are opening their studio doors again this December. Do visit The Garden Studio, 6 Cambridge Road, Milton on the evenings of Wednesday 7th December (3-8pm) and Thursday 8th and Friday 9th December from 6-9pm (or by appointment during the day). Jewellers Cheryl Bird and Linda Bartlett are joined by artist Alison Hullyer and they are looking forward to welcoming you with mince pies and mulled cider. They will be showing beautifully made items including necklaces, bracelets, earrings and cuff links plus their sparkling crystal snowflake decorations. Alison will have her popular range of screen printed tea towels and coasters, as well as a selection of pictures, cards, wrapping paper, bunting and paper-chains. Look out for the white flag on the main road through the village. Parking available in the driveway beside the house. What better way to find original gifts without leaving the village? For more information see: www.hullyer.co.uk or www.divinedecadencejewellery.co.uk

Ekisa Fundraising

Ekisa UK supports work for special needs children in Jinja, Uganda. The Ekisa orphanage was co-founded 5 years ago by Emily, who comes from Milton.

In October we held a Quiz Night which raised £231. The White Horse quiz in November raised

another £226. Our thanks go to the generous sponsors for their raffle prizes:



FootGolf HQ Milton, Archie Rogers Hair & Beauty Salon, the Lion and Lamb, Tesco, the White Horse, Katana Gents Hairdresser, the Jolly Brewers, Cambridge Flower Shop, Grounds Coffee Bar and Milton Country Park.

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News CPR & Defibrillators

October saw local training centre AG First Aid Training at Milton Tesco, demonstrating CPR and AED (Automatic External Defibrillator, used in the case of cardiac arrest) skills to shoppers in support of #ShoOctober and #FindTheDefib. Milton Village has two public AED units, one at Milton Country Park and another on the Parish Council building opposite the doctors surgery on Coles Road. Tesco also has one! Many people came over to say hello, find out more information and overcame fears to have a go at CPR themselves. CPR nowadays has been simplified and made easier. It is something that anyone can learn and the more people that learn, the more lives can be saved.



From January 2017, first aid training providers will not only be required to train people in CPR: requirements will now also include learning how to use an AED in all courses that cover basic life support CPR training.

For more information about local courses, visit our website www.agfirstaidtraining.co.uk or contact Amelia Grant at agfirstaidtraining@btinternet.com / 07795680733.

Park & Ride Bus Changes

From 20th November, the green Milton Park & Ride Service 99 will be split into two parts: PR5 will go from Milton Park & Ride to the city centre, via Victoria Avenue, not The Grafton. The return journey from town will still pick up at The Grafton, however.

A separate PR4 service will run from Babraham Road into the town centre, so people using the Park & Ride service to get to Addenbrooke's or the train station will now have to change bus in town and wait for a connecting bus. The only good news is that your Park & Ride ticket can also be used on all other Park & Ride services.

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Parliamentary Boundaries

The Boundary Commission for England (BCE) is reviewing all parliamentary constituencies in England, as part of a plan to reduce the number of UK MPs from 650 to 600. The BCE has also been asked to ensure that every new constituency has roughly the same number of electors. For Milton, the current proposals would put us in the "Cambridge" constituency (see map from the BCE website — old boundaries in blue; new ones in red). If you wish to comment on the proposals, please visit www.bce2018.org.uk by 5th December.



New SCDC Boundaries

Changes are also afoot in South Cambs District Council, with the number of councillors decreasing from 57 to 45 from May 2018, leading to new ward boundaries. Previously, Milton and Waterbeach had two councillors each. In the new council, there will be a new "Milton & Waterbeach" ward, with three councillors representing the ward.

May 2018 will also see the Council move to all-out elections, with all 45 Council seats up for election at once every four years, moving away from the current arrangements of a third of seats up for election over a three year cycle. Full details of the final ward boundary recommendations are available on the Commission's website at www.lgbce.org.uk.

Fire Safety Tips

Enjoying a tippie with friends, cooking heaps of delicious food and decking the halls? Keep safe with these Fire Service tips:

- ✓ Take care while cooking festive fancies. Never leave cooking unattended and turn off appliances when not in use.
- ✓ Switch off fairy lights and unplug them before you go to bed or leave the house.
- ✓ Make sure you have a working smoke alarm which is correctly fitted and works. And NEVER take the batteries out to power presents!



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Mon 9.30am - Mixed Ability Mat Class (MCC)
Mon 10.30am - Mixed Ability Mat Class (MCC)

NEW TIMES FOR MILTON SCHOOL CLASSES
Tues 6.30pm - Intermediate Mat Class (Sch)
Tues 8pm - Mixed Ability Mat Class (Sch)
Fri 9.15am - Mixed Ability Mat Class (CBC)
Fri 10.30am - Mixed Ability Mat Class (LVH)

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Country Park: Autumn Festival & Playgrounds



In September we rounded off a busy summer season with our biggest fundraiser of the year, the Autumn Festival. It was fantastic to see so many people in the park enjoying the many stalls and activities and we were lucky enough to have some great weather too. All funds raised go towards the maintenance of the park and have put us in a better position to see us through the quiet winter months. Thank you to everyone who came and supported this special event.

Continuing our programme of public consultation and improvements, we are now looking at updating our play equipment. We have listened to your feedback and particularly enjoyed the comments and pictures sent in by our young visitors!



In 2017 we will be seeking designs and raising funds in a variety of ways so that we can carry out these improvements. By working with you we hope to provide something really special that everyone can enjoy!

We look forward to seeing you in the park soon.

Sarah Harris, Cambridge Sport Lakes Trust

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Milton's Got Talent!



The Milton Produce Show has become a firm village tradition, with our eighth annual show held on Sunday 25th September.

This year we had an impressive 195 entries from over 30 different people. Louise Shane took home the trophies for preserves and home produce for her bramble and apple jelly and delicious fennel and caraway seed rye soda bread. Sue Western won the handicrafts cup for her stunning handwoven cloth, and Duncan

Winterborn scooped the best photo prize for his eye-catching shot depicting the contrast between 'old and new' in Cambridge. First-time entrant Philip Stubbs managed to win both best fruit (with a beautiful bunch of grapes) and best vegetable (for the show-stealing giant onions!) Congratulations to Christine Bailey, who won best flower/plant for her rose in a vase, and also the coveted Cook Cup, which goes to the person who amasses the highest number of points overall.



The organisers would like to thank Milton Country Park for hosting us as part of their Autumn Festival, the Produce Show judges who so kindly gave us their time and expertise, and of course everyone who entered – there wouldn't be a show without you. We'd love to see even more people entering next year so do consider giving it a go – there's a category for everyone!



Please send any questions, comments or suggestions to produceshow@milton.org.uk.

Ellie Crane

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Need a Helping Hand?

Christmas is a time of celebration and enjoying time with friends and family – but it can also be a hard time, for all sorts of reasons. Fortunately, help is available for a variety of circumstances:

**POWER CUT?
CALL 105**

- Power Cut? Call 105 for free to get through to UK Power Networks to report the problem or check for updates.
- Would you need extra support in a power cut (e.g. for dementia, disability, children under 5 or with medical equipment)? Register for the Priority Services Register via the “Power Cuts” section of www.ukpowernetworks.co.uk.

-  Struggling to put food on the table? Cambridge City Foodbank can help with three days’ worth of nutritious food. You will need a voucher from a local agency – ring 07772 538628 or email info@ccfb.org.uk to find the most appropriate for your circumstances.

- The Silver Line is the only free confidential helpline providing information, friendship and advice to older people, open 24 hours a day, every day of the year. You can call them for free anytime on 0800 4 70 80 90.



-  Mental health crisis? Call the NHS 111 number and select option 2 to talk to the First Response Service and get the support you need. Others can also call on your behalf if needed.

- Can’t get to the library because of mobility, health problems, or full time (unpaid) caring duties? Contact the Library At Home service on 0345 045 5225. A co-ordinator will discuss your needs and try to find a suitable libraries’ volunteer visitor to deliver the service to your home.



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Milton Parish Council: Volunteers & Office Staff

We still need volunteers to become parish councillors, as six of the fifteen positions are now vacant. If you would like further details or an informal chat, please contact me through the parish office.

If you have skills and can offer advice in finance, HR, youth work, care of the elderly, contract management and surveying and would like to help the parish council, we would especially like to hear from you.

We are also looking for someone to help in the parish office who is organised and has admin or bookkeeping skills or both. This would initially be on an ad hoc basis and paid. For more information please email clerk@miltonvillage.org.uk or contact us by phone: 01223 861447.
Jane Coston, Chairman of Milton Parish Council

Become a Draught Buster

Homeowners looking to save money on their energy bills are being given the chance to become draught busters and find out where heat is escaping from their home.

South Cambridgeshire District Council's thermal imaging cameras were used by local people to survey around 55 homes last winter – and as they are free to borrow, it saved each person around £200 on the cost of getting someone in. To get the most out of the free loan, householder are asked to attend a one hour training session covering the basics of using the camera and what to look out for. Training takes place at South Cambridgeshire District Council's offices in Cambourne on:

- Thursday 8 December at 5pm
- Thursday 12 January at 5pm
- Wednesday 15 February at 6pm

Places are limited, so booking is essential. To book, email spep@scambs.gov.uk with your preferred date, your name, address and a phone number. Residents in South Cambridgeshire can then borrow a thermal imaging camera for up to six days. Email reception@scambs.gov.uk or call 03450 450 063 for details.

South Cambs Cllr Tim Wotherspoon said: "What better time to give your home its very own heat MOT than just after the clocks have gone back? This initiative has worked really well in previous years to help people find out where small measures can make a big difference to how much they are spending on heating."

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From the Archives

10 Years Ago: Oct '06

End to Miltons Queuing Traffic in Sight?

Milton Parish Council has been told that the Cowley Road lane will now be open during peak hours and that this should ease the problems at the interchange. The Cowley Road works is expected to be finished and settled in hopefully around March 07.

25 Years Ago: Dec '91



December 1991

New
quarterly village
news sheet
delivered free
throughout the
village

Issue 1

"Milton Village View" started 25 years ago! Above is the masthead from the very first issue. A team of Jane Coston, Michael Spooner, Harry Capitain & Iris Chilton were the original editors, plus many others who helped to launch the new magazine. The opening article was about "the last steam train through Milton", as British Rail feared that "steam can seriously damage the overheads". Fortunately, BR later had a change of heart, and we are



Photo: Terry Briggs

still fortunate enough to be able to enjoy "steam specials" going through Milton, such as 6201 'Princess Elizabeth', which passed the village pulling the 'Cathedrals Express' on 11th November this year, albeit pulled by a class 47 diesel, due to a broken cab window.

Mary-Ann Johnson

Parish Councillors

Below is an updated list of your councillor contact details (for email addresses, please visit the website at miltonvillage.org.uk and click on 'Meet Your Parish Councillors'):

Parish Councillors

Jane Coston (<i>Chair</i>)	861447*
David Burch	862485
Rob Farrington	860160
Gary Heaney	690317

Tom Leavens	441129
David Owen	861447*
Richard Summerfield	860715

* - c/o Parish Office

Parish & District Councillors

Anna Bradnam	862364
Hazel Smith	860752

County Councillor

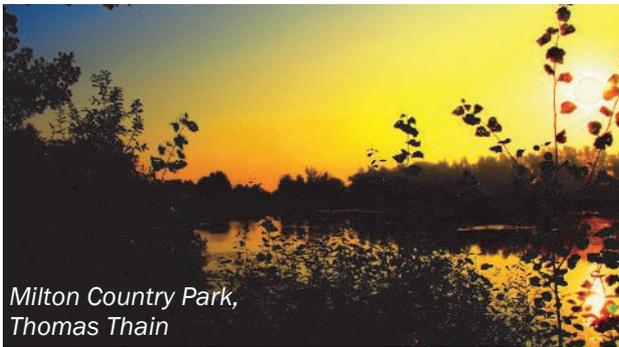
Maurice Leeke	441562
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Parish Clerk: clerk@miltonvillage.org.uk

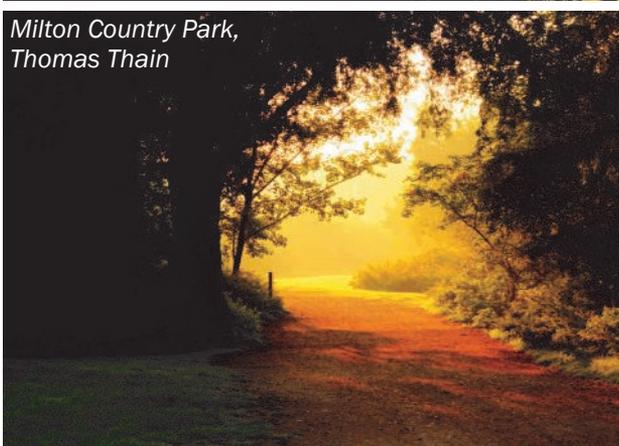
Frost on autumn leaves
Mary-Ann Johnson



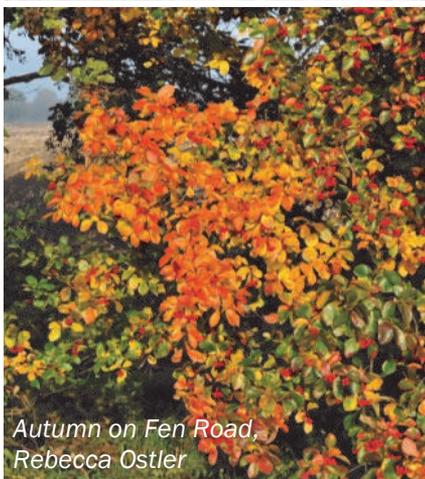
Milton Country Park,
Thomas Thain



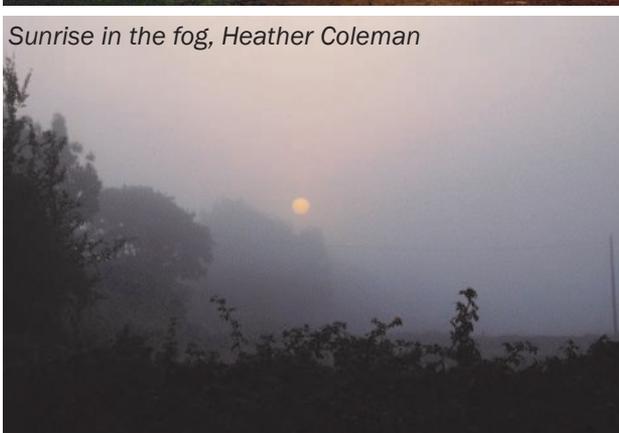
Milton Country Park,
Thomas Thain



Sunrise in the fog, Heather Coleman



Autumn on Fen Road,
Rebecca Ostler



Your Photos Could Be Here!

Photos taken in and around Milton always welcome – of places, people, events or just something that strikes you as beautiful. No lower or upper age limit!

Send them to mvv@milton.org.uk, and we'll include as many as we can.



*Comma butterfly on blackberries,
Rebecca Ostler*

*School fireworks,
Kate Arhel*



*Harry Potter spotted in Milton,
Mary-Ann Johnson*



*Armistice day,
Elizabeth Cook*



Milton WI

In September, we had an enlightening talk by Jenny Gibbs, who spoke about her true-life romance with Turkey following a life changing decision at the age of 50 to move there. She came along with Mustafa, her Turkish partner. They brought some unique scarves and craftwork to sell; these were made in their village in Turkey. A quiz evening was held in October, and in November Nicola Sly will explain "All about Alpacas". In January we will be welcoming Steve Jones, who will be telling us all about "Japanese Gardens".

New members are welcome. Contact our President Gill Offley (01223 293231) or Secretary Bridget Crow (01223 441755) for further details.

Anne Newman

International Singing Group

Chesterton Community College
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Every Wednesday 5-6pm
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Details at www.esolcafe.co.uk or contact sadams@chesterton.cambs.sch.uk

Sarah Adams

Milton MU

For October's "Sausage Sizzle", our cooks worked hard in the kitchen and conjured up a tasty dish of sausages, mash and onion gravy. This event was followed shortly afterwards by the autumnal diocesan festival. This was led by our diocesan president Susan Baker. The guest speaker was Ruth Sichizya (*pictured*) from Lusaka, Zambia. Lusaka is one of the dioceses linked with Ely.



Her talk provided a fascinating insight into the breadth of the work undertaken by MU members in an area where support from social services is lacking.

Milton MU will be supporting "16 Days of Activism Against Gender Violence" and attending a vigil to be held in Ely Cathedral on 1st December. Our final meeting for 2016 is an Advent Meditation on the life of Mary, to be held at All Saints' Milton on 6th December at 7:30pm.

Jackie Metcalfe

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Milton Good Companions

We are in need of volunteers to collect and return members from around the village, who would otherwise be unable to get themselves to Barnabas Court on a Friday (term time). The person would join the team of drivers in order that the commitment should not be too onerous. For further details, please contact Margaret Nunn 01223 860829 or Barbara Brown 01223 860044.

Sing to Remember

We have a "Sing to Remember" group meeting in Landbeach and Milton Baptist church on Thursdays, 11 for 11:30am. This is for people with memory loss but anyone who would gain from a fun singing time is welcome. We have a talented leader and sing a variety of songs: you don't have to have a good voice!

Open Farm Sunday 2017

We are holding a "market" at next year's Open Farm Sunday event at College of West Anglia. This is a good opportunity to advertise your local business and sell local produce. Last year we had about 3000 people through the gates. To book your space for £5, please contact rosie.barber@cwa.ac.uk

Hire of North Lodge Pavilion



This lovely new building is now available for hire and is located at the northern end of the village.

The lounge and kitchen are ideal for small functions, conferences and meetings of up to 44 seated people. There is on-site parking for 40 cars.

For more information, or to make a booking, please contact the clerk on 01223 861447 or email:

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Party layout (above) and meeting layout (left)



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Make A Difference At Milton School

Dear Milton Community,

As a school, we are always looking for ways to broaden the children's knowledge and experiences, to positively impact their learning. One of our greatest resources is people and we hope you, or someone you know, may be able to help.

If you have a talent or passion that you would love to share, a knowledge or experience in a particular area or are creative in any way, then you could be of great help. Alternatively, you may feel like you would just like to lend a hand in a more general capacity: listening to children read; putting up/taking down displays; helping out with particular activities; helping in the library etc. Whatever you have to offer, we would like to hear from you.

You do not have to have any particular connection with the school, just a willingness to help. We are not asking for any long term or even regular commitment - it could be a one off visit, a half termly visit or maybe one hour a week! At this stage we would just like to see if there are any more volunteers out there to add to the great team we already have, and find out what you have to offer.

If you think you can help, or know someone who might, please could you contact me via the school office email at office@milton.cambs.sch.uk with the subject "FAO Lynn Keller".

Milton C of E Primary School

EACH Hydrotherapy Pool Appeal

We are bidding to secure £25,000 from the OneFamily Foundation for a new boiler, dehumidifier and refurbishment works to our hydrotherapy pool at our Milton hospice. The pool was originally built in 1989 and has been greatly beneficial to countless families over the past 27 years. Unfortunately, due to its age, the current boiler needs to be replaced and the dehumidifier no longer works. Sorting these would ensure our care staff don't have to cancel important therapy sessions for young people and their families.

It would therefore be much appreciated if you could support us by registering and voting for our project at foundation.onefamily.com/projects/hydrotherapy-for-life-threatened-children-2.

Matthew Harney

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Milton Community Café

I'm pleased to say that the Milton Community Café is now an established monthly event. Come along or contact us on 01223 440024 or via Sue Nunn so we can get you there. We're open from 2:30 to 4:30 on the fourth Tuesday of every month. It is open to **everyone** from Milton, whatever your age and circumstances.



£2 pays for your drinks and a piece of cake, to cover our costs. We have a relaxed and welcoming atmosphere, with tables where people chat, play games or tackle a light-hearted craft. Lifts to and from the café can be provided. We are volunteers and always welcome help if you are free on the day. We look forward to meeting you at a future Community Café.

Chris Thomas

Local History Group

We are still in our very early stages, a bit of a flibbertigibbet local history group. Meetings are informal – you simply pay £2 on the door, 7:30pm on the first Tuesday of the month. To date, we have had talks by people living in Milton, from Derek Booth's archaeological overview, via Sue Day of Caldecote Local History Group, to local people interviews.

The interview with Clive Milner was such a success that by the end of one evening, we had only reached 1966 in his life story and he had to return by popular acclaim for part two – his experiences in Milton from 1966 to present – in November. And what was really great, it triggered memories in the audience and we were bouncing comments and questions back and forth. Some of our talks and interviews are already available as podcasts on www.archive.org: go to the search box on the site and search for "MLHG". We hope to grow gently in our interests and program, retaining our informal atmosphere. Volunteers to help are always welcome. For more info, contact me, Chris Thomas, on 01223 440024 ... and come along to our Milton History Quiz on 6th December!

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Around the Pubs

White Horse

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Taking bookings for Christmas groups, large or small.

Quiz nights continue every Thursday at 9pm.

Charity Quiz night in November: please check our Facebook page.

Very happy to be in the CAMRA UK Beer Guide 2017 Handbook.

Continue to have 6 real ales, some interesting ones for Christmas.

Thank you for all your support over the year.

Karaoke on the New Years Eve.

We wish you all a Happy Christmas and New Year

Ava, Alan, Adam, Lucy, Gemma, Shaun, Tegan, Nikki, Jamie, Lucy and Will.

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Around the Pubs

Lion and Lamb

19

Tel: 01223 860202

“The Enterprise Community Hero Awards are in recognition of Publicans and the exceptional contributions they make to their local communities.

The Community Hero Awards recognise those Publicans who make a real difference to the communities that they serve. It's more than just pulling great pints, offering wonderful food or creating a welcoming atmosphere.

It's about real heart and going above and beyond the usual call of duty for a Publican to bring people together and have a positive impact on the local community.

The community events, initiatives or activities don't have to be big; just positive: championing football teams, showcasing locals' art on your walls, raising money for a charity, offering a meeting space to local committees, or even acting as the local post office are all brilliant examples of being a Community Hero.”

We are delighted to say the LION & LAMB were recognised as one of East Anglia Regional Winners at last night's awards. Part of that prize means we now have £1000 to be spend on worthy causes within our Community – I think that makes us winners all round!

We have to say a huge thanks to our WHOLE team here at the Lion & Lamb - you are what make us great! Thanks too for all the support we get from our FABULOUS customers and the community we are in.

Lawrence & Sally and the team, www.lion-lamb.co.uk



Jolly Brewers

Tel: 01223 863895

New Restaurant Opening Times: from 1st November, the restaurant opening times will be: Monday: Closed; Tuesday-Saturday: Noon-2pm & 6-9pm; Sunday: Noon-3pm & 6-9pm

Christmas Parties: join us 1st-23rd December for lunch and dinner. Advanced reservation recommended, with only £10 deposit per person required to secure your booking! The menu is available at the bar or on our website.

Christmas Eve: the restaurant and bar will be open as usual.

Christmas Day: we are open for a festive lunchtime beer or two, from noon-3pm and closed in the evening.

Boxing Day: the pub will be open as usual but ONLY for drinks.

New Year's Eve: get your dancing shoes on and welcome in the New Year with Cleaner Sounds Disco – playing your favourite tunes and some New Year's Eve specials! 8pm 'til Late. Everyone welcome – FREE ENTRY!!

Wishing all our customers a Merry Christmas and a Happy New Year!

Call for all restaurant and accommodation bookings and see the website for all events and menus.

www.jollybrewersmilton.co.uk



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Sunday Services

10.30am Family Service
6pm Evening Worship
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Sunday services

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6.30pm Evening Prayer

Said service with short reflection

Little Rainbows Toddler Group, Parents & Under 1s, Lunch Club, Mothers' Union, Stitchers' Club, Reading Group ...

For full details of all these and more please visit:

allsaintsmilton.org.uk

Wildlife Notes

I finally had a crop of runner beans in very late August, in fact, such a sudden glut that they all needed preparing and freezing to enjoy later. But this reminds me that at one point in May, we didn't think we'd get any runner beans at all. As usual, we were putting the seeds into pots indoors and waiting until the seedlings were a few inches tall and the weather OK, and putting them out in the prepared bed. This year, all that was left a few days later was a small stump. A very sleepless night and fine dawn, when I decided to go and watch it in my pyjamas, gave us the cause. I couldn't actually hear the slugs munching, but I could see the darned things, a cue to find a basin with some salt in it and some rubber gloves, and picking the awful creatures off our precious bean seedlings in the very early morning!

The previous mild winter and wet spring had caused a population explosion of the hungry critters. But I'm not going to use slug pellets, which as well as being toxic to hedgehogs, are toxic to pets and every other bit of wildlife in the garden. The helpful assistant at Scotsdales even went online to see if the alternative "safe" product they were selling was actually safe, as the label was somewhat opaque. We concluded that it was less toxic, but certainly not what I'd call safe, certainly to my precious and endangered nocturnal visitors, who should to all be hibernating by the time you read this.

Beer and copper were our salvation. 500g margarine tubs sunk into the ground and full of Old Speckled Hen drowned 50 slugs the first night and 20 the nights after. That's not going to remove the entire population but every one that drowns is one fewer to eat my runner bean plants. I noted that when we tried a semi-controlled experiment with Tesco Value Bitter, the results were disappointing: slugs are fussy about the beer they wish to die in! We also went back to Scotsdales and bought some sticky backed copper tape to put around the poles we'd already put into the ground. The replacement seedlings also ended up with a 3 inch section of sawn-up plumbers' copper pipe placed over them and an inch into the compost once they'd germinated. That was placed into the garden as a unit, and seems to have done the trick. So if you are worried about slugs next spring but also care about wildlife, I think these strategies are worth trying in your garden.

Heather Coleman



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Community Awards: Nominate Your Local Hero

The search is on for the people, organisations and businesses that make a big difference in South Cambridgeshire communities. Nominations for SCDC's seventh annual Community Awards celebration are now open, and Council bosses are asking residents to put their community heroes forward for some well-deserved recognition. Six gongs are up for grabs, sponsored by award-winning housebuilders, Hill:

- Village Hero:** for an outstanding individual's contributions to community life.
- Parish Councillor of the Year:** for great work carried out by parish councillors, giving their time to improve the local community for everyone
- Outstanding Youth Initiative:** for excellent work by youth groups and local businesses to support young people in South Cambridgeshire
- Outstanding Local Service/Amenity:** for amazing services provided by local shops, pubs, post offices, libraries, and many more besides
- Environment Award:** for groups who improve villages in the long and short term.
- Wellbeing Award:** for groups improving residents' wellbeing, both mental and physical.

Find more information about categories and nominate online at: www.scambs.gov.uk/community-awards. Nominations close on 20th January 2017. If you have no internet access, call Siobhan Mellon on 01954 713395 for a form. Awards will be presented at a special ceremony at South Cambridgeshire Hall in March 2017.

Leprosy Mission

I have just received two letters from the Leprosy Mission. The agent who had been involved for 33 years has retired, having raised over £1.5 million from the sale of stamps, coins, postcards and collectables. The Leprosy Mission has taken over this work direct and has already acknowledged your help: "You have given a kind gift to help people who are the poorest of the poor, the most rejected, and the most unloved. But with your gift you have shown them love. I'd like to say a really big heart-felt thank you. This is so generous of you and we really appreciate and value your help." I am still trying to dispatch a 2kg shoebox full of contributions each month. Please leave at my home (54B Fen Road, tel: 440674), at All Saints' Church or the Post Office.

Paul Mutimer

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Half-Term Litter Pick

On 26th October we held a Litter Pick to enable Tesco staff to tidy up the area near the store. A small group of us also collected rubbish from the Cambridge end of the Jane Coston Bridge. We were delighted that nine Tesco staff took part,



including the Store Manager and the Community Champion. Seven regular volunteers from Milton joined in and together we collected about 35 bags. Thank you to everyone who helped.

The next Litter Pick will

be at half-term 13th-17th February 2017. If you would like to join in, please contact anna.bradnam@btinternet.com or call 01223 862364.

Anna Bradnam

OLIO Food Exchange

Like the 3 for 2 offers from the supermarket but end up wasting them? Going away and don't want food going off but don't want to dump it? Waste no more: OLIO is a free app connecting neighbours with each other and with local shops so surplus food and other items can be shared, not thrown away.

Download the OLIO app from the Appstore or Google Play (search for "OLIO food sharing") as advertised by Flavour, Cambridge 105s food and drinks programme. Check out their podcast: cambridge105.fm/podcasts/flavour-17-09-2016 to hear an interview from the creator of OLIO.

Theresa Feetenby

English Vaulting Championship: Results

- ★ Lexi (1st)
Junior 1* English champion
- ★ Meghan (2nd)
Senior 1* reserve English champion
- ★ Isabelle (1st)
Novice English champion
- ★ Katie (2nd)
Reserve novice English champion
- ★ Charlotte & Sheri-Anne (2nd)
Reserve walk pas de deux English champions
- ★ Lizzie (1st)
Para walk individual English champion
- ★ Chloe (1st)
Under 9 walk individual champion
- ★ Vivienne (2nd)
Reserve under-9 walk individual champion.



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English Vaulting Champions at CWA

CWA Cambridge is now home to four English vaulting champions after the Cambridge Vaulting Club, based at the College of West Anglia Cambridge Campus, competed in the English Vaulting Championships on 25th September.

The vaulters competed in a wide variety of classes from para walk individual to 1*. The club had eight vaulters competing in the walk individual freestyle class, with representatives in the under-nines, 9-12 years and para categories. There were an additional five pairs competing in the walk pas de deux class.



Chloe

The afternoon 1* and Novice freestyles were all performed in canter on the marvellous Boris (pictured above) and Sandie. The horses and vaulters performed really well throughout the day, gaining some excellent results (details on page 23).



Jade Rouchy, who runs the Cambridge Vaulting Company, said: "The vaulters continue to astound me with their hard work, dedication and achievements. I'm extremely proud of their success and that of our very special horses."

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